

Vision Quest



House Magazine of RAJAN EYE CARE HOSPITAL

VISION 1

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SIGHT 1

Achieving Quality Eye Care

RAJAN EYE CARE Hospital has become one of the leading eye care providers in central part of Chennai over the last seven years. Its efforts to serve the community at large are indeed commendable. It has grown in leaps and bounds during this short eventful period.

It was started in June 2nd 1995 when the doyens of the society led by Dr. S.S. Badrinath, Dr. Nallikuppusamy Chetty, and Dr. Mrs. Y.G. Parthasarathy inaugurated this eye hospital with a primary aim of delivering quality eye care at affordable costs and to make eye care technology accessible to the rural poor.

The Hospital was started with the concerted efforts of the members of the Rajan family namely Dr Kumudha Ramanathan, New York, USA and Mr. Kumar Rajan, New Jersey USA, who supported the cause of acquiring the latest in ophthalmic equipments.



Late Prof Dr. N. Rajan, Ex. Deputy Superintendent of Government Ophthalmic Hospital, Egmore and the father of the present Medical Director, Dr. Mohan Rajan was the brain behind setting up this hospital. It is his child which has grown from its infancy, to the robustness of youth in providing the best in eye care.

Dr. Mohan Rajan the young and dynamic Medical Director of Rajan Eye Care Hospital, is an expert in phacoemulsification cataract surgeries with foldable IOL's. He is also a trained vitreo retinal specialist



► *Standing Tall - Rajan Eye Care Hospital*

from Sankara Nethralaya. He has presented papers and participated as guest faculty in various National and International Conferences. He was awarded the Best Video presentation for "Quick chop combo" technique in the recently held Tamilnadu Ophthalmic Conference. He is an immediate Past President of Rotary Club of Madras T.Nagar and considered one of the top 10 presidents of the R.I Dist 3230.



Dr Sujatha Mohan, Director, Rotary Rajan Eye Bank, Associate Medical Director, Rajan Eye Care Hospital, is also an expert in phacoemulsification cataract surgeries with foldable IOL's. She is also a well trained corneal

“Endurance allows us to get where we're going.

Higher the goal, longer and more arduous the path.

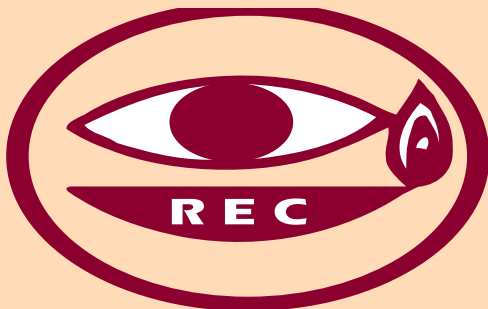
More endurance we can muster; more we can achieve.

Many things we can change, and some things we must

endure. We grow by our endurance”

INSIDE

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► *Dedicated and Committed - Team Rajan Eye Care*

Donate Eyes. Give the Gift of Sight

transplant and refractive (LASIK) surgeon. She is well versed in fitting various types of contact lenses. She has presented papers and participated as guest faculty in various National and International Conferences. She has been invited to contribute chapters for text book of LASIK procedures.

The hospital now has seven full time eye consultants, two full time anesthesiologists a Neuro-ophthalmologist and a general physician to take care of patient's needs. The hospital also has a visiting specialist consultant from London, UK for treating the cosmetic eye problems.

The hospital is equipped with an Eye Bank having the latest facilities for storage of donor eyes and corneal transplant surgeries. It has a dedicated team of professionals to collect eyes from the donors 24 hours a day/7 days a week/365 days a year.

With the main objective of eradicating cataract blindness in our country, Rajan Eye Care Hospital has the Phacoemulsification cataract surgery training program for practising ophthalmic surgeons from all over India and abroad. A training program for paramedical staff and optometrists has also been instituted for large volume eye camps.

Till date Rajan Eye Care has trained more than 150 ophthalmologists from India and abroad in Phacoemulsification techniques. Incidentally Rajan Eye Care was the first Eye Hospital in Chennai to introduce this Phacoemulsification technology in eye camps. ■

CVCT – Chennai Vision Charitable Trust

"Charity begins at home"

THE MAIN AIM of Rajan Eye Care was to bring quality eye care technology to one and all. Technology always comes at a price which every one can not afford. To make the latest available to our less fortunate brethren the Chennai Vision Charitable trust was started in 1996 with the objective of eradicating cataract blindness in rural Tamil Nadu.

*The world belongs to those who
Dream Boldly,
Care Deeply,
And Work Diligently."*

It is with this dream of eradicating cataract as a cause for preventable blindness the CVCT is forging ahead.

Till date the free wing of the hospital has done more than 500 free eye camps in and around Chennai City. As a part of a social commitment CVCT conducts eye screening camps for employees of the state transport corporation year after year.

More than one lakh people were provided free spectacles in conjunction with various NGOs and rotary organizations.

The rural outreach programme of Rajan Eye Care and Chennai Vision Charitable Trust has benefited several thousands of patients in the villages. The screening of the patients is usually done in their respective villages and the patients are transported to the base hospital, given good food, accommodation and operated for cataract with IOL implantation by



► Eye consultants of Rajan Eye Care participating in a eye camp

Activities of CVCT at a glance

- ❖ 500 free eye camps in and around Chennai City
- ❖ One lakh people were provided free spectacles
- ❖ Fifty thousand people provided free medicines
- ❖ Forty thousand cataract surgeries with IOL's
- ❖ Thirty thousand children from 200 schools have been screened for various eye problems

Phacoemulsification method and taken back to the villages safely and of course, with good vision. The eye consultants and Optometrists at Rajan Eye Care who visit these villages regularly do the postoperative follow up of these patients. Free spectacles and medicines are also given to these patients.



► Spectacles for employees of transport corporation.

More than forty thousand cataract surgeries with intra ocular lens implants have been done in last seven years, totally free of cost to the patients.

The success rate is close to 99.9% in these eye camps.

The school vision testing programme was launched in 1996 since then thirty thousand school children have been benefitted by this programme. Children requiring specialized care are brought to

Rotary Rajan Eye Bank

THE ROTARY RAJAN Eye Bank started in 1996 is the main project of Rotary Club of Madras T.Nagar of Rotary Dist 3230.

The main objective of this Eye Bank is to promote eye donation and perform Corneal Transplant surgeries to the poor and the needy.

Activities of Rotary Rajan Eye Bank – At glance

- ⌘ 450 Corneal Transplant surgeries done till date
- ⌘ Eye donation awareness speeches
- ⌘ One of the active Eye Banks
- ⌘ Eye donations fortnight celebrations

Facilities at Rotary Rajan Eye Bank

- ⌘ Dedicated Eye Bank Van & Driver
- ⌘ Eye Bank Team on call – 24 hours
 - Doctors – 2
 - Technicians – 2
 - Grief Consellor
- ⌘ Corneal Transplant Surgeon
- ⌘ M.K. Medium to store Donor Cornea for 4 days
- ⌘ Specular Microscope
- ⌘ Laminar Flow Hood

The Eye Bank conducts regular eye donation campaigns for the public through the medium of newsprint, TV and the AIR to spread the message of Eye Donation.

Donate your eyes and live through others.



► Dr Sujatha Moban - operating to give 'Gift of Sight'



► Eye consultant at a Screening Camp

the base hospital and treated with at most care and concern. Free Vitamin A tonics are given to the needy children.

The preventive aspects of eye diseases and eye care are also emphasized in these eye camps. Till date more than 200 schools have been screened for various eye problems, like Squint, Amblyopic, Cataract, Glaucoma, Ocular injuries, Corneal blindness etc.



► Dr Mohan Rajan with a happy post-operative camp patient



► Donor Eye Storage

A team with a vision

At Rotary Rajan Eye Bank (RREB), you have some of the most skilled professionals and technicians working in tandem with a purpose of bringing sight to those who need it. Further strengthening this team is a strong force of volunteers from various walks of life. These volunteers mostly comprise of youngsters from different colleges who take time off from their busy academic schedule and participate in different activities held during the Eye Donation fortnight.

You too, could be a part of this team of visionaries and donate your eyes for a noble cause. Thereby, leading the way "From darkness to light". And in turn, making the blind discover the joyous Colours of Life.

The aim of Rajan Eye Care, Chennai Vision Charitable Trust and Rotary Rajan Eye Bank is to render service with a smile, compassion and empathy.

"Attitudes are contagious. Is yours worth catching?"

In News

New equipments

ROTARY RAJAN EYE Bank, Rotary Club of Madras T.Nagar, Rajan Eye Care Hospital and Chennai Vision Charitable Trust has inaugurated the state-of-art Eye Banking facilities in South India on 20th Sep 2002. This has been made possible with a Matching Grant of \$45,000 from Rotary Club of Catarqui Kingston, Canada, R.I. Dist 7040.

- ❑ BIOM (ZEISS, Germany) for Advanced and complicated Vitreoretinal surgery - First of its kind
- ❑ Specular Microscopy (Topcon, Japan)
- ❑ B Scan (Topcon, Japan)
- ❑ Visu - 150 (ZEISS, Germany)
- ❑ Humphrey Field Analyser (ZEISS, Germany)
- ❑ Laminar Flow Hood



► Inauguration of new Eye Bank facilities

New Block

On Fri, 18th October 2002 a new wing of Rajan eye care hospital, Soundara Raja Charitable Block for Community Ophthalmology, Eye Bank Block and Hi-Tech Operation Theatre Annexe will be inaugurated.

Thiru. S. SEMMALAI, Hon'ble Minister for Health, Govt. of Tamil Nadu has kindly consented to be the Chief Guest.



Thiru. M.C. Sampath, Hon'ble Minister for Local Administration, Govt. of Tamil Nadu will inaugurate the New Operation Theatre .

Dr. B.P. Rajan, Special Representative, Govt. of Tamil Nadu at Delhi, Former Vice Chancellor, Tamil Nadu Dr. MGR Medical University will inaugurate the new Equipments. ■

Rally

As part of the Eye donation fortnight celebrations, a rally was organized for the general public on Sunday September 8, 2002. The rally started at 7.00 am from Gandhi Statue and finished at Anna Square. About 600 students participated in this rally. This rally enabled us to spread the message of Eye Donation among the Public.

Future Projects

- ✎ LASIK Laser – Wave Front Technology
- ✎ Satellite Eye centres at
 - Bharani Hospital, Saligramam
 - Rural Eye Hospital, Velachery

RAJAN EYE CARE HOSPITAL Centre for Total Eye Care

- ✦ Microsurgery
- ✦ Contact Lens
- ✦ Phacoemulsification with foldable intraocular lens
- ✦ Intraocular Lens Implantation
- ✦ Retina ... Vitreous Clinic – Diabetes Clinic
- ✦ Refractive Surgery – LASIK
- ✦ Glaucoma Diagnosis ... Therapy
- ✦ Computerised Automatic Perimetry
- ✦ Paediatric Ophthalmology
- ✦ Eye Bank
- ✦ Laser Photocoagulation (YAG ... Argon)
- ✦ Oculoplasty Clinic
- ✦ Neuro-Ophthalmology

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