

# Vision Quest



House Magazine of RAJAN EYE CARE HOSPITAL VISION 2

MAY 2003

SIGHT 1

Dear Friends,

It is indeed a great pleasure, to bring out the second volume of Vision Quest. With every step that Rajan Eye Care Hospital takes, to reach the heights of perfection in ophthalmology, we are reassured to know that well wishers like you are behind us to support our cause. Once again we reveal the pulse of Rajan Eye Care Hospital in this issue.

- Editors

## A Night to Remember

**R**AJAN EYE CARE Hospital, Rotary Rajan Eye Bank & Chennai Vision Charitable Trust invited Rotarians and other prominent citizens of Chennai for a dinner



☛ Dr Mohan Rajan with Cricketer Robin Singh, George Abraham (extreme left - Secretary World Cup Cricket for Blind)

with the Petro World Cup Cricket Teams', for the Blind from 12 Countries. Mr. Krishnamachari Srikanth & Mr. Robin Singh, former India cricketers graced the occasion at Madras Race Club, Guindy on Tuesday 10<sup>th</sup> December.



☛ Dr. Mohan Rajan with Cricketer Srikanth

## Events at Rajan Eye Care Hospital

**A** CME meet on "Ophthalmology in the New Millennium" was organized for the benefit of general practitioners of Chennai. The CME was conducted during the last Sunday of November. It was a well attended meet with 60 doctors gracing the occasion. Dr Mohan Rajan chaired the meet and delivered a lecture on Recent Advances in the Field of Ophthalmology. Dr Sujatha Mohan and Dr Maheshwar also spoke on the Recent Trends in Cornea and Refractive Surgery and Retina respectively.

## In News

### • Centre for DNB

The postgraduate clinical programmes for doctors in Ophthalmology, is likely to start from July 2003 at our Hospital. Our hospital has been recognised as a centre from the Diplomate of the National Board of Examinations, New Delhi for conducting the same.

### • New equipment at Rajan Eye Care

We have installed a state-of-the-art corneal Kerato topograph from Tomey



(TMS-4), Japan. This particular instrument is a very valuable tool in refractive surgeries like LASIK, customised contact lens fitting and pupillography.

## Guest Faculty and live Surgical Demonstrations

Dr. Mohan Rajan, Medical Director of Rajan Eye Care Hospital participated in various national conferences as an invited speaker and also demonstrated various techniques of advanced Phacoemulsification at

- ▶ Live Phaco Surgeries at Nagpur on 31st Aug 2002.
- ▶ SN Alumni Meet : Paper on Opacification of Acrylic Hydrophobic Intraocular Lens Chennai, 7th & 8th Sep 2002.
- ▶ Live Phacoemulsification Surgeries 26th – 29th Sep 2002. (Intraocular Implant & Refraction Society), Chennai.
- ▶ CME on Phacoemulsification, Mangalore, 13th Oct 2002.



☛ Dr. Mohan Rajan with Dr. Natarajan, Arup Chakrabarthy, Bhatt at Kerala State Ophthalmic Conference – 23rd Nov. 2002.

- ▶ Kerala State Ophthalmic Conference, Cannanore, 23rd Nov. 2002.
- ▶ CME on Phaco Emulsification, Calicut, 14th Dec 2002.
- ▶ All India Ophthalmological Society, NewDelhi, 16th Jan 2003.

### Rotary Team Visits RREB

Past Rotary International President, Frank Devlyn visited Rotary Rajan Eye Bank. He was appraised of the functioning of the Eye Bank by Dr. Sujatha Mohan, Medical Director of Rotary Rajan Eye Bank and Dr. Mohan Rajan, Medical Director of Rajan Eye Care Hospital.

Mr. Mehmood, President, International Federation of Eye Banks also visited Rotary Rajan Eye Bank and appreciated the good work.



## Guest Faculty at International Meet



Dr. Sujatha Mohan, Associate Medical Director was invited to participate as a guest faculty at the International Conference on Cornea and Refractive Surgery (between 7th & 9th March 2003). This was held at Sankara Nethralaya, Chennai and over 600 delegates participated from all over India and abroad.

### Publication in an International Journal

Dr. Sujatha Mohan's views & studies on Post Penetrating Keratoplasty Glaucoma were published in "EURO TIMES" – a publication by the European Society of Cataract & Refractive Surgeons. This excellent article was published in November 2002.



### Glaucoma common after PK bodes poorly for visual outcome

By Cheryl Guttman

PHILADELPHIA – Attention to elements of surgical technique and postoperative management will limit the risk of glaucoma developing after Penetrating Keratoplasty (PK).

Dr. Sujatha Mohan, MD reported a retrospective analysis of 184 eyes which had under gone PK at the annual ASCRS Symposium on Cataract, IOL and Refractive Surgery.

## CME on Basic Contact Lens Fitting



☛ Faculty at the Contact lens symposium



☛ Hand on workshop at the Contact lens symposium

**R**ajan Eye Care Hospital conducted a Basic course on Contact lens fitting on Sunday, 16th Feb. 2003. The course director was

☛ Mr. Paul Clarke, Chairman, Equal Health Organization, Australia

Dr. Sujatha Mohan and the co-instructor was Dr. Mohan Rajan. Dr. Ramesh, Dr. Praveen, Mr. Rekhi and Dr. Sanjay spoke on the various aspects of Contact lens fitting.

The highlight of the session was guest lectures by Mr. Paul Clarke (President of Equal Health Organization, Australia) on trends in contact lens practice in Australia and Mr. Kirit Mahasuria contact lens for presbyopes. Over 100 delegates participated in the meet.

## New Satellite Centre



**R**ajan Eye Care Hospital opened its first satellite centre at Bharani Hospital, Arcot Road on November 6th 2002. We are happy to say that the centre is catering to the needs of patients from Saligramam, Valsarvakkam and Virugambakkam. We have full fledged out-patient facilities manned by trained personnel in the morning and evening. The centre functions from 8.30 am to 11.30 am and 4.00 pm to 7.00 pm. The patients who require surgery are transported by a dedicated hospital van to the main hospital and are brought back after the surgery free of transportation cost.

There is also a proposal to upgrade the centre to a state-of-the-art LASIK centre for treatment of refractive disorders in the near future.

## Rajan Eye Care Surgeons at ASCRS – 2003



☛ Dr. Mohan Rajan & Dr. Sujatha Mohan at ASCRS 2003, San Francisco, U.S.A.

**D**r. Mohan Rajan, Medical Director & Dr. Sujatha Mohan, Associate Medical Director, Rajan Eye Care Hospital, had been invited by the American Society of

Cataract and Refractive Surgery to conduct the instruction courses on the latest techniques of cataract surgery (Phacoemulsification) and foldable intraocular lenses.

The Conference was held at San Francisco, USA, between April 12th and 16th, 2003. They also presented scientific papers on Phacoemulsification techniques, Foldable Intraocular lens and Corneal transplant surgery during this conference. This Annual International



☛ Dr. Mohan Rajan, Dr. Sujatha Mohan, Dr. Ramesh D, with Dr. Gimbel, an eminent Phaco Surgeon at ASCRS 2003, San Francisco.

Ophthalmic Conference was attended by more than 5,000 Ophthalmologists from all over the world. Dr. Sujatha Mohan was a panelist in the LASIK Free Paper Session.

## Equal Health Our Mission

As the sun warmed up the beginning of February, Orakaddu a village near Red Hills and Tirunelveli in South Tamil Nadu were undergoing an unique experience. From Feb 3<sup>rd</sup> to 16<sup>th</sup> 2003 the Equal Health Team that visits Tamil Nadu every year from faraway Australia started the health screening camp. These camps were being done by the Equal Health Organisation, Australia in association with Chennai Vision Charitable Trust, Rajan Eye Care Hospital, Chennai – 17, Rotary Club of Madras T.Nagar and Rotary Club of Belconen, Australia.

The unique features of this camp were:

1. a. A total number of more than 10,000 patients in about 80 - 100 villages in and around Orakaddu extending into South Andhra Pradesh were screened in the camp for various Eye, Dental and General problems.
- b. Free spectacles and medicines were distributed to 3000 patients including children.
- c. Cataract surgery with intra ocular lens implantation for 500 patients were done free of cost at Rajan Eye Care Hospital on 12<sup>th</sup> and 13<sup>th</sup> February using the latest phacoemulsification method.
2. This year's eye camp had a special focus on children. Treatment of problems related to children like squint, congenital cataract, refractive errors, corneal blindness etc., were given a special impetus. There are 7 million children in Tamilnadu and the blindness prevalence is around 7%. Approximately 4-5 million children in India are blind due to refractive errors and corneal diseases. A special eye screening camp for the children of the villages was done to treat curable blindness.



☛ Dr. Mohan Rajan & Dr. Sujathan Mohan with Equal Health Organisation

*This camp is an annual project of the Rotary Club of Madras T. Nagar & Rotary Club of Belconen and it was done successfully for the 6th consecutive year.*

Vitamin-A tablets and spectacles for children were distributed.

3. The Equal Health Organisation in association with Rajan Eye Care Hospital is now planning to extend the services of this eye camp to countries like Africa, Indonesia and Vietnam. Eye screening and cataract surgery camps are being planned in these countries in the near future.

### Free Eye Screening Camps

Dr. Mohan Rajan along with his team conducted a mega eye screening camp at Cheyyar, February 2003 and over 1000 patients were screened for eye disorders and 893 patients were given spectacles.

165 patients underwent cataract surgery with Intraocular lens implantation at Rajan Eye Care Hospital.



☛ Dr. Mohan Rajan addressing Rotarians at Cheyyar.

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